



The Physical and Occupational Therapy Education Project

**Hand Therapy Evaluation**

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Date: \_\_\_\_\_

Provider: \_\_\_\_\_ Age: \_\_\_\_\_ Hand Dominance: Right or Left

Diagnoses: \_\_\_\_\_

Precautions/ Allergies: \_\_\_\_\_

Relevant Medical History: \_\_\_\_\_

**Subjective/ History** Date of Injury: \_\_\_\_\_ Date of Surgery: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Functional Limitations:

\_\_\_\_\_  
\_\_\_\_\_

Patient Goals: \_\_\_\_\_

Pain: (0 no pain/ 10 severe pain) Best: \_\_\_\_\_ Worst \_\_\_\_\_

**Objective:**

Visual Inspection: \_\_\_\_\_

\_\_\_\_\_



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Range of Motion:

Elbow Right: \_\_\_\_\_ Left: \_\_\_\_\_

Forearm: Supination Right: \_\_\_\_\_ Left: \_\_\_\_\_

Pronation Right: \_\_\_\_\_ Left: \_\_\_\_\_

Wrist: Flexion Right: \_\_\_\_\_ Left: \_\_\_\_\_

Extension Right: \_\_\_\_\_ Left: \_\_\_\_\_

Radial Deviation Right: \_\_\_\_\_ Left: \_\_\_\_\_

Ulnar Deviation Right: \_\_\_\_\_ Left: \_\_\_\_\_

Finger ROM: See chart

Strength: Grip Right: \_\_\_\_\_ Left: \_\_\_\_\_

Palmer Pinch Right: \_\_\_\_\_ Left: \_\_\_\_\_

Lateral Pinch Right: \_\_\_\_\_ Left: \_\_\_\_\_

Manual Muscle Test: \_\_\_\_\_

Sensibility:

Two Point Discrimination: Right Thumb \_\_\_\_\_ Index \_\_\_\_\_ Middle \_\_\_\_\_ Ring \_\_\_\_\_ Little \_\_\_\_\_

Left Thumb \_\_\_\_\_ Index \_\_\_\_\_ Middle \_\_\_\_\_ Ring \_\_\_\_\_ Little \_\_\_\_\_

Norms (Normal 2-6mm; Fair 7-10mm, Poor 11-15mm)

Monofilaments: Right Thumb \_\_\_\_\_ Index \_\_\_\_\_ Middle \_\_\_\_\_ Ring \_\_\_\_\_ Little \_\_\_\_\_

Left Thumb \_\_\_\_\_ Index \_\_\_\_\_ Middle \_\_\_\_\_ Ring \_\_\_\_\_ Little \_\_\_\_\_

Norms (Normal 2.36-2.83; Diminished light touch 3.22-3.61; Diminished Protective Sensation 3.84-4.31; Loss of protective sensation 4.56-6.65)

Comments: \_\_\_\_\_

